

2025 Current Fiscal Year Report: Dietary Guidelines Advisory Committee

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1. Department or Agency

Department of Health and Human
Services

2. Fiscal Year

2025

3. Committee or Subcommittee

Dietary Guidelines Advisory
Committee

3b. GSA Committee No.

34760

4. Is this New Fiscal Year?	5. Current Charter	6. Expected Renewal Date	7. Expected Term Date
No	12/09/2022	12/09/2024	12/10/2024

8a. Was Terminated During Fiscal Year?	8b. Specific Termination Authority	8c. Actual Term Date
Yes		12/10/2024

9. Agency Recommendation for Next Fiscal Year	10a. Legislation Req to Terminate?	10b. Legislation Pending?
Continue	Not Applicable	Not Applicable

11. Establishment Authority Authorized by Law

12. Specific Establishment Authority	13. Effective Date	14. Committee Type	14c. Presidential?
Under Section 301 of Public Law 101-445 (7 U.S.C. 5341); Federal Advisory Committee Act (FACA), Public Law 92-463, as amended (5 U.S.C., App)	10/17/1962	Continuing	No

15. Description of Committee Other Committee

16a. Total Number of Reports 1

16b. Report Date	Report Title
12/10/2024	Scientific Report of the 2025 Dietary Guidelines Advisory Committee

Number of Committee Reports Listed: 1

17a. 1 17b. Closed0 17c. Partially Closed0 Other Activities0 17d. Total 1
Open

Meetings and Dates

Purpose	Start	End
The Committee reviewed and discussed the scientific findings and draft advice it plans to include in its Scientific Report. Each subcommittee and working group reviewed and shared their advice for Committee discussion. Following this meeting, the Committee will finalize and submit its Scientific Report to the U.S. Department of Health and Human Services and the U.S. Department of Agriculture.	10/21/2024	10/22/2024

Number of Committee Meetings Listed: 1

	Current FY	Next FY
18a(1). Personnel Pmts to Non-Federal Members	\$0.00	\$0.00
18a(2). Personnel Pmts to Federal Members	\$0.00	\$0.00
18a(3). Personnel Pmts to Federal Staff	\$0.00	\$0.00
18a(4). Personnel Pmts to Non-Member Consultants	\$0.00	\$0.00
18b(1). Travel and Per Diem to Non-Federal Members	\$0.00	\$0.00
18b(2). Travel and Per Diem to Federal Members	\$0.00	\$0.00
18b(3). Travel and Per Diem to Federal Staff	\$0.00	\$0.00
18b(4). Travel and Per Diem to Non-member Consultants	\$0.00	\$0.00
18c. Administrative Costs (FRNs, contractor support, In-person/hybrid/virtual meetings)	\$0.00	\$0.00
18d. Other (all other funds not captured by any other cost category)	\$0.00	\$0.00
18e. Total Costs	\$0.00	\$0.00

19. Federal Staff Support Years

0.00 0.00

(FTE)**20a. How does the Committee accomplish its purpose?**

The 2025 Dietary Guidelines Advisory Committee was established to conduct an independent review of current research on nutrition and health to be considered by HHS and USDA in the development of the 2025-2030 Dietary Guidelines for Americans, which form the basis for Federal nutrition programs, standards, and education for the general public. The Committee was charged with reviewing the evidence on specific topics and scientific questions related to nutrition and health across the lifespan identified by the Departments.

The Committee used three rigorous, protocol-driven approaches to examine the evidence: data analysis, food pattern modeling, and systematic reviews. Systematic reviews: Gold-standard evidence synthesis projects that answer nutrition questions of public health importance using systematic, transparent, rigorous, and protocol-driven methods to search for, evaluate, synthesize, and grade the strength of the eligible body of evidence. Food pattern modeling: A methodology used to illustrate how changes to the amounts or types of foods and beverages in a dietary pattern might affect meeting nutrient needs and to develop quantitative dietary patterns that reflect health-promoting patterns identified in systematic reviews and meet energy and nutrient needs. Data analysis: A collection of analyses that uses national data sets to help us understand the current health and dietary intakes of Americans. These data help make the Dietary Guidelines practical, relevant, and achievable. Each of these approaches has a unique, complementary role in examining the

science. Following its review, the Committee developed a report that outlined its science-based review and recommendations to the Departments with rationale and submitted its report to the Secretaries of HHS and USDA for consideration by the Departments in the development of the Dietary Guidelines for Americans, 2025-2030.

20b. How does the Committee balance its membership?

HHS and USDA accepted nominations from the public to serve on the 2025 Dietary Guidelines Advisory Committee. The Departments received nominations from individuals and organizations. To help support the goal of having a balanced and diverse committee, the Departments encouraged self-nominations and conducted outreach to make the public and stakeholders aware of the opportunity to provide nominations. HHS and USDA used the following evaluation criteria in the review of nominations: Professional Experience: At least ten years of experience as an academic, researcher, practitioner, or other health professional in a field related to one or more of the scientific topic areas to be examined; consideration of leadership experience and participation on previous expert committees or panels. Educational Background: Advanced degree in nutrition or health-related field, including registered dietitians, nutrition scientists, physicians, and those with public health degrees. Demonstrated Scientific Expertise: Expertise related to one or more of the scientific topic areas to be examined by the Committee as demonstrated by the number and quality of peer-reviewed publications and presentations. Expertise related to health equity and the scientific approaches used to review the evidence (systematic reviews with or without meta-analysis,

food pattern modeling, and data analysis) is also desired. **Balanced and Diverse Membership:** A Committee that is reasonably balanced in terms of points of view and expertise, experience, education, and institutional affiliation, with a goal of establishing a diverse membership that is reflective of the racial, ethnic, gender, and geographic diversity within the United States.

20c. How frequent and relevant are the Committee Meetings?

The Committee will meet approximately four times to discuss its evidence review and draft conclusions and make plans for future work. All Committee meetings can be viewed by the public virtually (live and recorded); one meeting will include an opportunity for the public to provide oral comments to the Committee. Meeting 4: January 25, 2024 Meeting 5: May 30, 2024 Meeting 6: September 26, 2024 Meeting 7: October 21-22, 2024

20d. Why can't the advice or information this committee provides be obtained elsewhere?

The Committee was established in 2022 to conduct its work over no more than 2 years from the date the charter was filed (December 9, 2022). Per the charter, the Committee was to provide independent, science-based advice and recommendations to help inform USDA and HHS in development of the Dietary Guidelines for Americans, 2025-2030. It was comprised of leading nutrition experts – all nominated by the public – on priority topics for Federal nutrition and food programs that rely on the Congressionally mandated Dietary Guidelines for national nutrition standards and consumer education. Having the review of the science conducted by a Federal advisory committee in a transparent,

science-based, and inclusive process allows the public to engage in and view the scientific deliberations and provide ongoing public comments during the review of the science, which is important to HHS and USDA stakeholders, the public, and the integrity of the Dietary Guidelines.

20e. Why is it necessary to close and/or partially closed committee meetings?

The Committee did not hold closed meetings.

21. Remarks

Designated Federal Officer

Janet Mary de Jesus Nutrition Advisor

Committee Members	Start	End	Occupation	Member Designation
				Special Government Employee (SGE) Member
Abrams, Steven	02/09/2023	12/09/2024	Pediatrician	Special Government Employee (SGE) Member
			Dean of the Herbert Wertheim School of Public Health	Special Government Employee (SGE) Member
Anderson, Cheryl	02/09/2023	12/09/2024	Professor of Pediatrics at University of Arkansas for Medical Sciences and Associate Director of the Arkansas Children's Nutrition Center	Special Government Employee (SGE) Member
Andres, Aline	02/09/2023	12/09/2024	Director of the USDA Human Nutrition Research Center on Aging	Special Government Employee (SGE) Member
Booth, Sarah	02/09/2023	12/09/2024		

Byrd-Bredbenner, Carol	02/09/2023	12/09/2024	Distinguished Professor of Nutrition and the Nutritional Sciences Graduate Program Director at Rutgers	Special Government Employee (SGE) Member
Deierlein, Andrea	02/09/2023	12/09/2024	Associate Professor of Public Health Nutrition	Special Government Employee (SGE) Member
Eicher-Miller, Heather	02/09/2023	12/09/2024	Associate Professor in the Department of Nutrition Science	Special Government Employee (SGE) Member
Fung, Teresa	02/09/2023	12/09/2024	Professor of Nutrition at Simmons University, and an Adjunct Professor of Nutrition at the Harvard TH Chan School of Public Health.	Special Government Employee (SGE) Member
Gardner, Christopher	02/09/2023	12/09/2024	Professor of Medicine	Special Government Employee (SGE) Member
Giovannucci, Edward	02/09/2023	12/09/2024	Professor in the Departments of Nutrition and Epidemiology	Special Government Employee (SGE) Member
Hoelscher, Deanna	02/09/2023	12/09/2024	Professor in Health Promotion and Behavioral Sciences, founding Director of the Michael & Susan Dell Center for Healthy Living, and Associate Regional Dean for Research	Special Government Employee (SGE) Member

Jernigan, Valarie	02/09/2023	12/09/2024	Professor of Medicine and Director of the Center for Indigenous Health Research and Policy	Special Government Employee (SGE) Member
Odoms-Young, Angela	02/09/2023	12/09/2024	Associate Professor and Director of the Food and Nutrition Education in Communities Program	Special Government Employee (SGE) Member
Orlet Fisher, Jennifer	02/09/2023	12/09/2024	Professor in the Department of Social and Behavioral Sciences	Special Government Employee (SGE) Member
Palacios, Cristina	02/09/2023	12/09/2024	Professor in the Department of Dietetics and Nutrition	Special Government Employee (SGE) Member
Raynor, Hollie	02/09/2023	12/09/2024	Professor in the Department of Nutrition and the Associate Dean of Research in the College of Education, Health, and Human Sciences	Special Government Employee (SGE) Member
Stanford, Fatima	02/09/2023	12/09/2024	Associate Professor of Medicine and Pediatrics	Special Government Employee (SGE) Member
Talegawkar, Sameera	02/09/2023	12/09/2024	Associate Professor in the Department of Exercise and Nutrition Sciences	Special Government Employee (SGE) Member
Taylor, Chris	02/09/2023	12/09/2024	Professor of Medical Dietetics	Special Government Employee (SGE) Member

				Special
			Nutrition and	Government
Tobias, Deirdre	02/09/2023	12/09/2024	obesity	Employee
			epidemiologist	(SGE)
				Member

Number of Committee Members Listed: 20

Narrative Description

The Departments of Health and Human Services and Agriculture are responsible for updating and releasing the Dietary Guidelines. This includes oversight of the Dietary Guidelines Advisory Committee to ensure compliance with the Federal Advisory Committee Act, providing opportunities for public input, and developing the next edition of the Dietary Guidelines. Developing the Dietary Guidelines involves a step-by-step process of writing, review, and revision supported by a writing team of Federal staff from USDA and HHS. The draft Dietary Guidelines goes through several rounds of review and revisions by peer-reviewers outside of the Federal government and all Agencies with nutrition policies and programs across HHS and USDA, such as NIH, FDA, CDC, ARS, FNS, and FSIS. The final step of this process is Departmental clearance, which ends with the review and signoff of the Dietary Guidelines for Americans by the Secretaries of USDA and HHS. Once released, the new edition of the Dietary Guidelines replaces the previous edition. The release of the new edition is communicated to nutrition and health professionals within and outside of the Federal government for broad implementation. To learn more, visit our page on this topic.

What are the most significant program outcomes associated with this committee?

	Checked if Applies
Improvements to health or safety	<input checked="" type="checkbox"/>
Trust in government	<input type="checkbox"/>
Major policy changes	<input type="checkbox"/>
Advance in scientific research	<input type="checkbox"/>
Effective grant making	<input type="checkbox"/>
Improved service delivery	<input type="checkbox"/>

- | | |
|---|--------------------------|
| Increased customer satisfaction | <input type="checkbox"/> |
| Implementation of laws or regulatory requirements | <input type="checkbox"/> |
| Other | <input type="checkbox"/> |

Outcome Comments

N/A

What are the cost savings associated with this committee?

Checked if Applies

- | | |
|----------------------------|-------------------------------------|
| None | <input type="checkbox"/> |
| Unable to Determine | <input checked="" type="checkbox"/> |
| Under \$100,000 | <input type="checkbox"/> |
| \$100,000 - \$500,000 | <input type="checkbox"/> |
| \$500,001 - \$1,000,000 | <input type="checkbox"/> |
| \$1,000,001 - \$5,000,000 | <input type="checkbox"/> |
| \$5,000,001 - \$10,000,000 | <input type="checkbox"/> |
| Over \$10,000,000 | <input type="checkbox"/> |
| Cost Savings Other | <input type="checkbox"/> |

Cost Savings Comments

Cost savings cannot be determined but the potential benefits of providing the most up-to-date science in the form of dietary guidance for the general public is expected to have an impact on improving health outcomes by reducing the risk of chronic disease.

What is the approximate Number of recommendations produced by this committee for the life of the committee?

30

Number of Recommendations Comments

Committee recommendations are included in their scientific report in the Overarching advice to the Departments chapter located at:
chrome-extension://efaidnbnmnnibpcajpcglclefindmkaj/https://www.dietaryguidelines.gov/sites/di

What is the approximate Percentage of these recommendations that have been or will be Fully implemented by the agency?

0%

% of Recommendations Fully Implemented Comments

Not applicable. The Departments are currently working on the updated Dietary Guidelines that will utilize the Committee's report and other resources.

What is the approximate Percentage of these recommendations that have been or will be Partially implemented by the agency?

0%

% of Recommendations Partially Implemented Comments

Not applicable. The Departments are currently working on the updated Dietary Guidelines that will utilize the Committee's report and other resources.

Does the agency provide the committee with feedback regarding actions taken to implement recommendations or advice offered?

Yes ☒ No ☐ Not Applicable ☐

Agency Feedback Comments

HHS and USDA will provide information about any recommendations from the Committee that are not adopted upon publication of the Dietary Guidelines for Americans, 2025-2030.

What other actions has the agency taken as a result of the committee's advice or recommendation?

Checked if Applies

Reorganized Priorities	<input type="checkbox"/>
Reallocated resources	<input type="checkbox"/>
Issued new regulation	<input type="checkbox"/>
Proposed legislation	<input type="checkbox"/>
Approved grants or other payments	<input type="checkbox"/>
Other	<input type="checkbox"/>

Action Comments

Not Applicable

Is the Committee engaged in the review of applications for grants?

No

Grant Review Comments

Not Applicable

How is access provided to the information for the Committee's documentation?

Checked if Applies

Contact DFO	<input checked="" type="checkbox"/>
Online Agency Web Site	<input checked="" type="checkbox"/>
Online Committee Web Site	<input type="checkbox"/>
Online GSA FACA Web Site	<input checked="" type="checkbox"/>
Publications	<input checked="" type="checkbox"/>
Other	<input type="checkbox"/>

Access Comments

Not Applicable