

2025 Current Fiscal Year Report: 2028 Physical Activity Guidelines Advisory Committee

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1. Department or Agency

Department of Health and Human
Services

2. Fiscal Year

2025

3. Committee or Subcommittee

2028 Physical Activity Guidelines
Advisory Committee

3b. GSA

Committee No.

31900

4. Is this New During Fiscal Year?

Yes

5. Current Charter

06/01/2016 06/01/2018

6. Expected Renewal Date

7. Expected Term Date

8a. Was Terminated During Fiscal Year?

No

8b. Specific Termination Authority

Internal HHS Memo,
dated 3-16-2018

8c. Actual Term Date

9. Agency Recommendation for Next Fiscal Year

Terminate

10a. Legislation Req to Terminate?

No

10b. Legislation Pending?

Not Applicable

11. Establishment Authority

Authorized by Law

12. Specific Establishment Authority

42 U.S.C. 217a, Section 222
of the Public Health Service
Act, as amended

13. Effective Date

10/17/1962

14. Committee Type

Ad hoc

14c. Presidential?

No

15. Description of Committee

Scientific Technical Program
Advisory Board

16a. Total Number of Reports

No Reports for
this Fiscal Year

17a. Open

0

17b. Closed

0

17c. Partially Closed

0

Other Activities

0

17d. Total Meetings and Dates

0

No Meetings

	Current FY	Next FY
18a(1). Personnel Pmts to Non-Federal Members	\$0.00	\$0.00
18a(2). Personnel Pmts to Federal Members	\$0.00	\$0.00
18a(3). Personnel Pmts to Federal Staff	\$0.00	\$0.00
18a(4). Personnel Pmts to Non-Member Consultants	\$0.00	\$0.00
18b(1). Travel and Per Diem to Non-Federal Members	\$0.00	\$0.00
18b(2). Travel and Per Diem to Federal Members	\$0.00	\$0.00
18b(3). Travel and Per Diem to Federal Staff	\$0.00	\$0.00
18b(4). Travel and Per Diem to Non-member Consultants	\$0.00	\$0.00
18c. Administrative Costs (FRNs, contractor support, In-person/hybrid/virtual meetings)	\$0.00	\$0.00
18d. Other (all other funds not captured by any other cost category)	\$0.00	\$0.00
18e. Total Costs	\$0.00	\$0.00
19. Federal Staff Support Years (FTE)	0.00	0.00

20a. How does the Committee accomplish its purpose?

The Committee initially determined the topic areas that it explored through systematic reviews of the scientific literature on relation of physical activity to a variety of health outcomes and then formed 9 subcommittees around those topic areas. The

subcommittees utilized a state-of-the-art systematic review process to review, evaluate, and synthesize published, peer-reviewed research. Its rigorous, protocol-driven methodology is designed to maximize transparency and minimize bias. For some topics, the Committee utilized existing high-quality reports from leading scientific organizations or Federal agencies or existing systematic review or metaanalyses to prevent duplication of effort. The summary of its work was documented in its report to the Secretary.

20b. How does the Committee balance its membership?

Every effort was made to ensure that the Committee membership is fairly balanced in terms of points of view represented for the Committee's function. In the selection process, consideration was given to ensure a broad representation of geographic areas, academic institutions, gender, race, ethnicity, and disability to the extent possible. The Committee consists of respected published experts in designated fields and specific specialty areas. Members have demonstrated expert knowledge of current science in the field of human physical activity and health promotion or the prevention of chronic disease. They have experience in one or more of the following specific specialty areas related to physical activity: health promotion and chronic disease prevention; bone, joint, and muscle health and performance; obesity and weight management; physical activity and risk of musculoskeletal injury; physical activity and cognition; physical activity within specific settings, such as preschool/childcare, schools (e.g. activity breaks, physical education), or the community/built environment; physical activity dose-response; sedentary behavior; behavior

change; systematic reviews; and special populations including children, older adults, or individuals with disabilities.

20c. How frequent and relevant are the Committee Meetings?

The Committee was established to perform a specific, time-limited task. The 2018 Committee's first meeting was in July, 2016 and held a total of 5 meetings to accomplish its mission, 3 in FY 2017 (held 10/27-28/2016; 3/23/2017 and 7/19-21/2017) and 1 in FY 2018 (10/17-20/2017).

20d. Why can't the advice or information this committee provides be obtained elsewhere?

The Committee was established to provide up-to-date expert evaluation of the science through extensive systematic literature reviews to support the development of Physical Activity Guidelines for Americans. There is no other existing source of this information.

20e. Why is it necessary to close and/or partially closed committee meetings?

N/A

21. Remarks

The Committee was initially established in June 2007 to review existing scientific literature to identify sufficient evidence to develop a comprehensive set of specific physical activity recommendations. The Committee reviewed and evaluated the scientific evidence relating physical activity to health outcomes for the general population and selected subgroups. In May 2008, the Committee submitted its recommendations in its report to the HHS Secretary documenting the scientific background and rationale for the "2008 Physical Activity Guidelines for Americans" and

then was terminated. The Committee was re-established in June 2016 to review the 2008 PAG and conduct evidence-based systematic literature reviews of physical activity and health topics. It developed a report and submitted it on 2/22/18 to the Secretary of recommendations for new or revised physical activity guidelines; the Committee's report can be found at <https://health.gov/paguidelines/second-edition/report.aspx>. The Committee was then terminated as per its charter. HHS will take these recommendations along with comments from Federal agencies and the public on the committee's report and develop the 2nd edition of the "Physical Activity Guidelines for Americans" which is planned to be released in late 2018.

Designated Federal Officer

Richard Olson DFO

Narrative Description

The Committee was established to produce a report to summarize the science relating physical activity to health. This report will support the HHS development of the 2nd edition of the Physical Activity Guidelines for Americans, with a planned 2018 release date.

What are the most significant program outcomes associated with this committee?

Checked if
Applies

Improvements to health or safety	<input checked="" type="checkbox"/>
Trust in government	<input type="checkbox"/>
Major policy changes	<input type="checkbox"/>
Advance in scientific research	<input checked="" type="checkbox"/>
Effective grant making	<input type="checkbox"/>
Improved service delivery	<input type="checkbox"/>

- Increased customer satisfaction ☐
- Implementation of laws or regulatory requirements ☐
- Other ☐

Outcome Comments

NA

What are the cost savings associated with this committee?

Checked if Applies

- None ☐
- Unable to Determine ☒
- Under \$100,000 ☐
- \$100,000 - \$500,000 ☐
- \$500,001 - \$1,000,000 ☐
- \$1,000,001 - \$5,000,000 ☐
- \$5,000,001 - \$10,000,000 ☐
- Over \$10,000,000 ☐
- Cost Savings Other ☐

Cost Savings Comments

NA

What is the approximate Number of recommendations produced by this committee for the life of the committee?

1

Number of Recommendations Comments

The Committee developed a report of 700+ pages that summarizes the science relating physical activity to health outcomes. It can be found at <https://health.gov/paguidelines/second-edition/report.aspx>.

What is the approximate Percentage of these recommendations that have been or will be Fully implemented by the agency?

0%

% of Recommendations Fully Implemented Comments

The Committee's report will serve as the basis for the 2nd edition of the Physical Activity

Guidelines for Americans, to be created and disseminated by HHS. It is expected to be released near the end of CY 2018.

What is the approximate Percentage of these recommendations that have been or will be Partially implemented by the agency?

0%

% of Recommendations Partially Implemented Comments

NA

Does the agency provide the committee with feedback regarding actions taken to implement recommendations or advice offered?

Yes ☐ No ☒ Not Applicable ☐

Agency Feedback Comments

NA

What other actions has the agency taken as a result of the committee's advice or recommendation?

Checked if Applies

Reorganized Priorities	<input type="checkbox"/>
Reallocated resources	<input type="checkbox"/>
Issued new regulation	<input type="checkbox"/>
Proposed legislation	<input type="checkbox"/>
Approved grants or other payments	<input type="checkbox"/>
Other	<input type="checkbox"/>

Action Comments

NA

Is the Committee engaged in the review of applications for grants?

No

Grant Review Comments

NA

How is access provided to the information for the Committee's documentation?

Checked if Applies

Contact DFO ☒

Online Agency Web Site
Online Committee Web Site
Online GSA FACA Web Site
Publications
Other

☒
☐
☐
☒
☐

Access Comments

NA